



# SOULXHAIN

Gubener Strasse 47, 10247 Berlin

gültig ab: 02. Jan 2023

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
	14:30 75 min Mama & Baby Pole Dance				11:00 60 min Pole Virgins	11:00 60 min Pole Play Time
17:00 60 min Pole Play Time	17:00 60 min Pole Play Time	17:00 60 min Pole Play Time	17:00 60 min Pole Play Time	17:00 60 min Pole Technique Level 1	11:00 60 min Pole HIIT	11:00 60 min Aerial Yoga
17:00 60 min Pole Play Time	17:00 60 min Pole Technique Level 1	17:00 60 min Extreme Flexibility Flow	17:00 60 min Aerial Fabric Virgins	17:00 60 min Flexibility Flow Sexy Splits	12:15 60 min Pole Technique Level 1	12:15 60 min Flexibility Flow Sexy Splits
18:15 60 min Pole Technique Level 1	18:15 60 min Heels & Steel Virgins	18:15 60 min Pole Virgins	18:15 60 min Aerial Technique Hoop	18:15 60 min Pole Virgins	12:15 60 min Flexibility Flow Back Bend	12:15 60 min Pole Dance Level 1
18:15 60 min Flexibility Flow Sexy Splits	18:15 60 min Pole Dance Level 2	18:15 60 min Pole Dance Level 1	18:15 60 min Heels & Steel Virgins	18:15 60 min Pole Dance Level 1	13:30 60 min Handspring Clinic	13:30 60 min Upside Down Handstands
19:30 60 min Pole Virgins	19:30 60 min Pole Virgins	19:30 60 min Pole Technique Level 1	19:30 60 min Pole Dance Level 1	19:30 60 min Pole Flow	13:30 60 min Pole Dance Level 1	13:30 60 min X-otic Dance Hard Style
19:30 60 min Pole Dance Level 1	19:30 60 min Pole Dance Level 1	19:30 60 min Sexy Pole	19:30 60 min Pole Virgins	19:30 60 min Pole Play Time	14:45 60 min X-otic TriX	14:45 60 min Chair Dance
20:45 60 min Flexibility Flow Back Bend	20:45 60 min Aerial Hoop Virgins	20:45 60 min Heels & Steel Slow Flow	20:45 60 min Pole Dance Level 2	20:45 60 min	14:45 60 min Pole Play Time	14:45 60 min
20:45 60 min Heels & Steel Old School	20:45 60 min Heels & Steel Lyrical Flow	20:45 60 min X-otic Sequences	20:45 60 min Pole Play Time		16.00 60 min X-otic Flow	

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